



RUBEN COLOURS

RUBEN[®]
DESIGN

www.rubendesign.com

BATH & TEMPLA CHROMATHERAPY

Digital
colour
LED light
therapy
system



RUBEN PATENT

RUBEN[®]
DESIGN

Patented **RUBENCOLOURS** light therapy

- **COLOURSLUX** - a set of 40 multicolour LEDs
- **COLOURSOPTIMA** - a set of 25 multicolour LEDs
- digital control
- integrated control through control panels in MAXUS, REXUS and **RUBIN TEMPLE** systems
- independent control through **RUBENCOLOURS** control panel;
COLOURShorizon - horizontal version,
COLOURSaxis - vertical version
- light pulse interval adjustment
- light duration adjustment
- individual selection of alternate light cycles

RUBENCOLOURS



COLOURSaxis



COLOURShorizon



RUBENCOLOURS

Chromatherapy – new WELLNESS trend

Each color carries a specific energy charge. The eye perceives only 20% of electromagnetic vibrations carried by light. The remaining 80% is absorbed by approximately 2 m² of the skin and acupuncture points which is very sensitive and reacts strongly to external stimuli.

Skin cells receive impulses whose strength is determined by colour, i.e. electromagnetic wavelength. The impulses reach the brain through our nervous system. By exposing the skin to a specifically tuned in coloured light we can correct energy deficit, enhance metabolism and control mental condition.

RUBENSTONES – LED diodes used in our systems contain the same chemical elements that are found in precious stones. They emit the same colour light of the same constant energetic parameters and properties as the stones. All these qualities add to the attractiveness and effectiveness of **RUBENCOLOURS** treatment.

Colours can be divided into:

- warm: *yellow, red* and *orange* – which stimulate and energize
- cold: *violet, blu* and *green* – which soothe and calm down.

CHROMATHERAPY SUGGESTIONS FOR SPECIFIC AILMENTS

AILMENT	HOW TO USE	COLOUR SEQUENCE(3-5 min. each colour)
Headache	when occurs	emerald, sapphire, sapphire, amethyst, amethyst
Migraine	when occurs	emerald, sapphire, sapphire, amethyst, amethyst
Other painful conditions	when occur	emerald, sapphire, amethyst, emerald, amethyst
Blood pressure	several times a week	ruby, sapphire, opal, emerald, amethyst
Low	several times a week	opal, sapphire, emerald, sapphire, opal
High	several times a week	emerald, amethyst, emerald, amethyst, ruby
Heart arrhythmia	three times a week	emerald, emerald, amethyst, emerald, ruby
Venous system disorders	three times a week	amber, topaz, amethyst, emerald, ruby
Arteriosclerosis	three times a week	opal, emerald, emerald, amethyst, topaz
Varicose legs	three times a week	emerald, emerald, sapphire, amber, opal
Rheumatoid disease	three times a week	sapphire, emerald, topaz, sapphire, topaz
Kidney stones	three times a week	opal, emerald, sapphire, amethyst, topaz
Gallstones	when necessary	ruby, sapphire, amethyst, amethyst, sapphire
Hyperthyroidism, hyperthyreosis	three times a week for about 6 months	opal, emerald, amethyst, ruby, ruby
Kidneys - stimulating	everyday for 1 week	ruby, emerald, sapphire, opal, opal
Body regeneration	as long as necessary	topaz, opal, ruby, amber, topaz,
Rheumatism	as long as necessary	emerald, amethyst, emerald, sapphire, emerald
Skin cleansing and cellulitis	several times a week	amber, topaz, ruby, opal, topaz
Immunoenhancement	when necessary	ruby, topaz, ruby, opal, amber

RUBENSTONES

AMBER – YELLOW, stimulates mind, mobilizes for action, helps recover self-confidence. Cleanses the skin, removes toxins as well as cellulitis. Cosmetic use: improves skin condition and tightens the pores. **AILMENTS** – headache, rheumatic pain, muscle pain, throat and thyroid problems.

OPAL – WHITE, in autumn and winter substitutes for sunshine, stimulates serotonin production – the hormone responsible for sleep and nervous system. **OPAL** – heart, circulatory system, eyesight, coordination.

TOPAZ – ORANGE, helps in depression, enhances self-confidence, vitality and intellectual capabilities. Improves kidneys and blood circulation, speeds up metabolism (good for obesity problems). **TOPAZ** – ulcers, impotence, varicose veins, asthma, cellulitis, bumps and swellings.



AMETHYST – VIOLET, tones down nervous system, improves sleep, relieves stress and anxiety, enhances imagination. Cleanses the skin, improves lymph circulation. Helps fight cellulitis and heal wounds. **AMETHYST** – headaches, migraine, bumps and swellings, stress and anxiety, sleeplessness.

RUBY – RED, raises blood pressure, fights depression, stimulates sensuality as well as emotional and mental activity. **RUBY** – heart, circulatory system, headache, insomnia, colic, cramps.

EMERALD – GREEN, antineurotic and harmonizing, heart problems resulting from prolonged stress, fatigue and sleeplessness. **EMERALD** – eye conditions, fever, stress and mood.

SAPPHIRE – BLUE, relaxing, tranquilizing and improving quality of sleep. Recommended for phobic and neurotic conditions. Has a positive effect on concentration and meditation. Helpful in treating headache, sore throat, painful joints and obesity. **SAPPHIRE** – asthma, eye inflammation, stomach and heart disorders, nervous system, sleeplessness and anxiety.

